# The Beauty Of Home Redefining Traditional Interiors

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# **Suffer Strong**

In our beauty-obsessed culture, women have become accustomed to using the standards set by society and the media as a barometer to measure their own worth. They perpetually wonder where they stand on the attractiveness continuum and question everything about their outward appearances, from their skin colour to their waistline, to their fashion sense. They keep asking themselves, "Am I good enough? Do I matter? Will others love and accept me for who I am?" Beauty Redefined explores this critical issue by looking at beauty from a cultural, biological and historical perspective and provides solutions on what we can do on a collective and individual level to redefine what it means to be a beautiful woman. By reading this book, you'll be convinced that your voice matters and you'll feel empowered to make your own unique mark in the world, no matter what your size, shape, colour or ethnic background is. You'll learn how to love yourself (warts and all!) and embrace every unique aspect of your being and use it to make the world a better place.

#### The New Modern House

The U.S. health care system is in crisis. At stake are the quality of care for millions of Americans and the financial well-being of individuals and employers squeezed by skyrocketing premiums—not to mention the stability of state and federal government budgets. In Redefining Health Care, internationally renowned strategy expert Michael Porter and innovation expert Elizabeth Teisberg reveal the underlying—and largely overlooked—causes of the problem, and provide a powerful prescription for change. The authors argue that competition currently takes place at the wrong level—among health plans, networks, and hospitals—rather than where it matters most, in the diagnosis, treatment, and prevention of specific health conditions. Participants in the system accumulate bargaining power and shift costs in a zero-sum competition, rather than creating value for patients. Based on an exhaustive study of the U.S. health care system, Redefining Health Care lays out a breakthrough framework for redefining the way competition in health care delivery takes place—and unleashing stunning improvements in quality and efficiency. With specific recommendations for hospitals, doctors, health plans, employers, and policy makers, this book shows how to move health care toward positive-sum competition that delivers lasting benefits for all.

# **Redefining Beautiful**

Profoundly inspiring, compellingly vulnerable, and surprisingly funny, Suffer Strong offers readers the hard-won insights of beloved authors Katherine and Jay Wolf and incorporates practical strategies for weathering suffering and embracing resilience with winsomeness and joy.

# **Redefining Health Care**

#### Texas Modern

"Melissa Wardy's book reads like a conversation with a smart, wise, funny friend; one who dispenses fabulous advice on raising a strong, healthy, full-of-awesome girl." —Peggy Orenstein, author of Cinderella Ate My Daughter All-pink aisles in toy stores, popular dolls that resemble pole dancers, ultrasexy Halloween costumes in tween sizes. Many parents are increasingly startled and unnerved at how today's media, marketers, and manufacturers are sexualizing and stereotyping ever-younger girls, but feel powerless to do much about it. Mother of two Melissa Wardy channeled her feelings of isolation and frustration into activism—creating a website to sell T-shirts with girl-positive messages; blogging and swapping parenting strategies with families around the world; writing letters to corporate offenders; organizing petitions; and raising awareness through parent workshops and social media. Wardy has spearheaded campaigns against national brands and retailers that resulted in the removal of sexist, offensive ads and products. Now, in Redefining Girly, she shares her parenting and activism strategies with other families concerned about raising a confident and healthy girl in today's climate. Wardy provides specific advice and sample conversations for getting family, friends, educators, and health care providers on your side; getting kids to think critically about sexed-up toys and clothes; talking to girls about body image; and much more. She provides tips for creating a home full of diverse, inspiring toys and media free of gender stereotypes; using your voice and consumer power to fight the companies making major missteps; and taking the reins to limit, challenge, and change harmful media and products. Melissa Wardy is the founder of Pigtail Pals & Ballcap Buddies, a website selling empowering and inspirational children's apparel and products, and Redefine Girly, a blog surrounding the issue of the sexualization of girls. Wardy and her work have been featured

# **Redefining Normal**

Redefining Normal is the journey of a mother and son breaking down barriers for physically challenged kids in the school system.

#### **Barbra Streisand**

The Beauty of Home combines refined elegance and innovative simplicity for a fresh, new perspective on traditional interior design. Marie Flanigan's trademark style is evident through her sophisticated use of texture, color, and light. These components combine to create environments in which people love to live. The Beauty of Home details the specific design elements integral to Marie's creative process. Highlighting nine elements—architecture, composition, character, palette, illumination, detail, simplicity, depth, and surprise—each chapter begins with Marie's philosophy of design on that particular element, and is followed by photo collections of individual homes with commentary and meaning behind each image—how it specifically relates to the chapter element, and design as a whole. This is a sophisticated philosophy-of-design work, complemented by gorgeous photography featuring more than twenty diverse homes displaying custom furnishings, antiques, textiles, and fine art.

# More Than a Body

What makes the difference between merely being alive and really living? This discussion guide will challenge you to ask yourself some tough questions about your significance and where you find it. • Personal study between meetings • 8 sessions

### **Fair Shot**

Why do so many global strategies fail—despite companies' powerful brands and other border-crossing advantages? Seduced by market size, the illusion of a borderless, "flat" world, and the allure of similarities, firms launch one-size-fits-all strategies. But cross-border differences are larger than we often assume, explains Pankaj Ghemawat in Redefining Global Strategy. Most economic activity—including direct investment, tourism, and communication—happens locally, not internationally. In this "semiglobalized" world, one-size-fits-all strategies don't stand a chance. Companies must instead reckon with cross-border differences. Ghemawat shows you how—by providing tools for: . Assessing the cultural, administrative, geographic, and economic differences between countries at the industry level and deciding which ones merit attention. Tracking the implications of particular bordercrossing moves for your company's ability to create value. Creating superior performance with strategies optimized for adaptation (adjusting to differences), aggregation (overcoming differences), and arbitrage (exploiting differences), and for compound objectives. In-depth examples reveal how companies such as Cemex, Toyota, Procter & Gamble, Tata Consultancy Services, IBM, and GE Healthcare have adroitly managed cross-border differences—as well as how other well-known companies have failed at this challenge. Crucial for any business competing across borders, this book will transform the way you approach global strategy.

### **Redefining Global Strategy**

### The Beauty of Home

"John Gallagher's Reimagining Detroit provides a thought-provoking analysis of a city devastated by deindustrialization and a clear vision for a future Detroit as a smaller, vibrant city. This thinking goes against the grain as many public policy experts and planners believe that fixing Detroit requires a repopulation of the city's current footprint. Policy makers and community leaders should examine Gallagher's paradigm-shifting idea that when you plan for shrinkage, growth happens. Reimagining Detroit is a must-read for all engaged in the hard work of rebuilding Detroit."-Sheila Cockrel, former Detroit city councilwoman and adjunct professor in the Wayne State University Irvin D. Reid Honors College "John Gallagher has done a great job of synthesizing a host of important and emerging ideas that could dramatically change Detroit's future and of presenting them in ways that are clear and vivid and that both practitioners and laypeople will readily grasp. This is a valuable book, not only for Detroiters, but for anyone with a physical, financial, or emotional stake in the future of America's shrinking industrial cities."-Alan Mallach, non-resident senior fellow in the Metropolitan Policy Program at the Brookings Institution and author of Bringing Buildings Back: From Vacant Properties to Community Assets" What is really distinctive about John Gallagher's contribution to the Detroit saga is his perspective. This important and timely book reflects his design/architectural background, his business experience, and the investigative skills he honed at the Detroit Free Press. This rich background is badly needed, as much of the writing about the post-industrial urban future, including Detroit's, is narrow or opinionated or worse, both. Gallagher's book will not be the last to explore the journey that Detroit might take through the twenty-first century, but this road map will be essential reading for all."-Robin Boyle, director of the Department of Urban Studies and Planning at Wayne State University "Whether urban or rural dweller, academic or practitioner, the reader takes from Gallagher a deeper appreciation of both the challenges and opportunities that exist within our cities, challenges and opportunities that will ultimately impact our country."-Jay Williams, mayor of Youngstown, Ohio, from the foreword

# **India Inspires**

The authors give the most comprehensive, authoritative and compelling account yet of the troubled state of business education today and go well beyond this to provide a blueprint for the future.

# **Redefining Strong**

Between the 1920s and the 1970s, American economic culture began to emphasize the value of consumption over production. At the same time, the rise of new mass media such as radio and television facilitated the advertising and sales of consumer goods on an unprecedented scale. In Style and Status: Selling Beauty to African American Women, 1920--1975, Susannah Walker analyzes an oftenoverlooked facet of twentieth-century consumer society as she explores the political, social, and racial implications of the business devoted to producing and marketing beauty products for African American women. Walker examines African American beauty culture as a significant component of twentiethcentury consumerism, and she links both subjects to the complex racial politics of the era. The efforts of black entrepreneurs to participate in the American economy and to achieve self-determination of black beauty standards often caused conflict within the African American community. Additionally, a prevalence of white-owned firms in the African American beauty industry sparked widespread resentment, even among advocates of full integration in other areas of the American economy and culture. Concerned African Americans argued that whites had too much influence over black beauty culture and were invading the market, complicating matters of physical appearance with questions of race and power. Based on a wide variety of documentary and archival evidence, Walker concludes that African American beauty standards were shaped within black society as much as they were formed in reaction to, let alone imposed by, the majority culture. Style and Status challenges the notion that the civil rights and black power movements of the 1950s through the 1970s represents the first period in which African Americans wielded considerable influence over standards of appearance and beauty. Walker explores how beauty culture affected black women's racial and feminine identities, the role of black-owned businesses in African American communities, differences between black-owned and whiteowned manufacturers of beauty products, and the concept of racial progress in the post--World War II era. Through the story of the development of black beauty culture, Walker examines the interplay of race, class, and gender in twentieth-century America.

# **Redefining Realness**

This is the remarkable memoir of Michael Ainslie, a man who has always embraced the adventures and misadventures of business and life. In A Nose for Trouble,he describes his personal experience with several high profile events, including the 2008 bankruptcy filing of Lehman Brothers: He was one of ten people in the Lehman boardroom on the evening of September 14, 2008 who saw firsthand the events that led to the largest bankruptcy filing in US history. And he offers readers an insider's view of the situations surrounding the price-fixing scandal between Sotheby's and Christie's, a scandal that rocked the art world and sent the ex-chair of Sotheby's to prison. Ainslie also shares about his early beginnings in life; his career as president, CEO, and board member across numerous companies and institutions; and his work to transform kids' lives through the Posse Foundation. Whether he's being carried out of his high school graduation on a stretcher, escaping a riot in Vietnam, facing death threats in NYC, battling a worldwide oil embargo, meeting with First Lady Nancy Reagan on the day her husband was shot, or revamping the USTA, Ainslie's memoir shows that sometimes, the greatest lessons in life are a direct result of the adversities we face. A Nose for Trouble is about accepting a challenge, redefining misfortune, and rising above. In this fascinating life story of leadership and change, Michael Ainslie teaches readers that the best parts of ourselves often come out of our hardest moments.

# **Style and Status**

Drs. Lindsay and Lexie Kite know firsthand how hard filtering out media influence is when it comes to self-image. Both struggled as young women to overcome the expectations of body size and shape, but were able to learn to love, appreciate, and reclaim their own bodies, eventually earning their PhDs in body image resilience. The twin sisters founded the nonprofit Beauty Redefined and have made it their mission to help other women see themselves without societal expectations distorting their self-perception. More than a Body is a self-help book focused on going beyond body positivity, showing how a mindset focused on appearance sets women up for insecurities and self-judgement. In this book, they offer an action plan for readers to combat that mindset, and instead learn how the body can be "an instrument, not an ornament," with practical, actionable steps to take when consuming media, exercising, practicing self-reflection and self-compassion, and finding a purpose in life.

# **Rethinking Normal**

Facebook co-founder Chris Hughes makes the case that one percenters like him should pay their fortune forward in a radically simple way: a guaranteed income for working people The first half of Chris Hughes' life followed the perfect arc of the American Dream. He grew up in a small town in North Carolina. His parents were people of modest means, but he was accepted into an elite boarding school and then Harvard, both on a scholarship. There, he met Mark Zuckerberg and Dustin Moskovitz and became one of the co-founders of Facebook. In telling his story, Hughes demonstrates the powerful role fortune and luck play in today's economy. Through the rocket-ship rise of Facebook, Hughes came to understand how a select few can become ultra-wealthy nearly overnight. He believes the same forces that made Facebook possible have made it harder for everyone else in America to make ends meet. To help people who are struggling, Hughes proposes a simple, bold solution: a guaranteed income for working people, including unpaid caregivers and students, paid for by the one percent. Hughes believes that a guaranteed income is the most powerful tool we have to combat poverty. Money – cold hard cash with no strings attached – gives people freedom, dignity and the ability to climb the economic ladder. A guaranteed income for working people is the big idea that's missing. This book, grounded in Hughes' personal experience, will start a frank conversation about how we earn, how we can combat income inequality, and ultimately, how we can give everyone a fair shot.

# **Redefining Tribal Identity**

Riveting, rousing, and utterly real, Surpassing Certainty is a portrait of a young woman searching for her purpose and place in the world—without a road map to guide her. The journey begins a few months before her twentieth birthday. Janet Mock is adjusting to her days as a first-generation college student at the University of Hawaii and her nights as a dancer at a strip club. Finally content in her body, she vacillates between flaunting and concealing herself as she navigates dating and disclosure, sex and intimacy, and most important, letting herself be truly seen. Under the neon lights of Club Nu, Janet meets Troy, a yeoman stationed at Pearl Harbor naval base, who becomes her first. The pleasures and perils of their union serve as a backdrop for Janet's progression through her early twenties with all the universal growing pains—falling in and out of love, living away from home, and figuring out what she wants to do with her life. Despite her disadvantages, fueled by her dreams and inimitable drive, Janet makes her way through New York City while holding her truth close. She builds a career in the highly competitive world of magazine publishing—within the unique context of being trans, a woman, and a person of color. Long before she became one of the world's most respected media figures and lauded leaders for equality and justice, Janet was a girl taking the time she needed to just be—to learn how to advocate for herself before becoming an advocate for others. As you witness Janet's slow-won success and painful failures, Surpassing Certainty will embolden you, shift the way you see others, and affirm your journey in search of self.

### **Rethinking the MBA**

"Seeks to explore the evolution of Santhal ethnic identity taking into account the changes that the Santhals have undergone in their mental and material world as the result of the impact of the forces of modernization-both during the colonial as well as the post-colonial periods."--Dust jacket.

#### **How We Live Now**

- Showcases contemporary residential architecture and design across the state of Texas, by renowned America-based architects and designers - Augments Images Publishing's particularly large range of successful books on contemporary residential architecture and design - Features stunning full-color photography throughout, informative descriptions and detailed floor plans - Contextualizes with an introduction by an acclaimed expert on the profound influences of key architecture and design practitioners and the topic of building in variable environments throughout Texas Forget the Texas you thought you once knew, put aside those cattle ropin' preconceptions and make way for Texas Modern, a close look into the Lone Star State's innovative contemporary architecture and design scenes. Showcasing a stunning range of modern homes, this book will inspire best-design practice and spur on lifestyle dreams. Set out with beautiful full-color photography and laden with intricate plans and drawings, Texas Modern delves into the finer details of trending architectural styles. The exquisite kitchens, glorious living spaces, sumptuous bedrooms, luxurious bathrooms, spectacular outdoor entertaining areas, and other delightful spaces, including a private yoga studio, will have you seriously reconsidering any notion of architectural convention across this larger-than-life and totally unique American state.

# **Redefining Girly**

Annie Fitch, a former police detective, struggles to make ends meet as a private investigator in the sleepy town of Leesburg, Virginia. On partial disability because of gunshot injuries, she's relegated to doing surveillance gigs and background checks. But things are looking up, since her on-again, off-again relationship is back on and might stay that way. When Annie is hired by Laura Carlton to follow her husband to get evidence of cheating, Annie is certain the case won't take long. Nick Carlton grew up with money and privilege and has a sex addiction dating back to his high school days. But things go sideways when Annie finds her target dead in an alley just a few blocks from her own home. Working with her former partner, Gunnar Jansson, Annie digs deeper into Carlton's background, slowly excavating his past to reveal the multiple suspects and motives. The list includes his many lunch-hourtryst partners, a local shop owner, and his business partner, among others. Layer by layer, Annie uncovers a truth that runs much deeper than anyone expected.

# Colliding Worlds: How Cutting-Edge Science Is Redefining Contemporary Art

#### A Nose for Trouble

Not feeling very beautiful? Learn what beauty is from God's perspective. Revolve speaker Jenna Lucado has teamed up with her dad, Max Lucado, to bring girls a fresh perspective on what they need to live a life of peace, joy, and confidence. What does God see when He looks at them? And how does a girl catch that vision? Jenna reveals life accessories that are essential, and which single accessory is a real must-have to give teens a look they love—a look that says they are comfortable with who they are and secure and confident. What's the all-important accessory? Love from a father. But what happens when

there is no loving father in sight, no daddy to tell them they are beautiful? Through conversational "girl time" Jenna reveals that when we look to God as our Father, He can change our focus, our look, and our lives. With affirmation from Max, Redefining Beautiful will change the way girls look at God, themselves, and the people around them.

#### **Prime**

A journalist and activist who was profiled in a 2011 Marie Claire feature outlines bold perspectives on the realities of being young, multi-racial, economically challenged and transgender in today's America, recounting her disadvantaged youth and decision to undergo gender reassignment surgery at the age of 18 before pursuing a career and falling in love.

# **Body Work**

This book takes traditional style to a new level by breaking with staid, prescriptive decorating. The individualist's approach to design shines—as expressed in bold colors, sophisticated neutrals, contemporary flair, updated American classics, Continental and French flourishes, contemporary edges, singular artwork, and relaxed traditional spaces. Major, new projects from eight renowned, imaginative interior designers. Lavish, all-color photography. Profiles of designers including their singular design philosophies and preferences. Inspired ideas about scale and proportion, color, fabrics, furniture, antiques, collections, art, and other essential design details. Comprehensive design sources.

# **Redefining Beauty**

Poetry. Women's Studies. REDEFINING BEAUTY grew out of author Karla K. Morton's journey through her own diagnosis, treatment and recovery from breast cancer. In a series of passionate and powerful poems, accompanied by photographer Walter Eagleton's striking black and white images, REDEFINING BEAUTY offers readers hope and comfort through its intimate candor, good-humored defiance and unfiltered honesty. A lifelong poet, as well as a wife and mother of two, Morton was diagnosed with breast cancer in May, 2008. In search of information to help her fight the disease, Morton turned to books. She found facts and statistics. She found self-help books. "But I needed more," she says. "I needed some grit, a leather strap between my teeth. And when I couldn't find what I needed, I simply wrote my way through it."

#### The Libra Solution

Finalist for the Pulitzer Prize in General Nonfiction Longlisted for the Andrew Carnegie Medal for Excellence in Nonfiction Winner of the WSU AOS Bonner Book Award The New York Times bestseller from physician and award-winning writer Louise Aronson--an essential, empathetic look at a vital but often disparaged stage of life, as revelatory as Atul Gawande's Being Mortal. For more than 5,000 years, "old" has been defined as beginning between the ages of 60 and 70. That means most people alive today will spend more years in elderhood than in childhood, and many will be elders for 40 years or more. Yet at the very moment that humans are living longer than ever before, we've made old age into a disease, a condition to be dreaded, denigrated, neglected, and denied. Reminiscent of Oliver Sacks, noted Harvard-trained geriatrician Louise Aronson uses stories from her quarter century of caring for patients, and draws from history, science, literature, popular culture, and her own life to weave a vision of old age that's neither nightmare nor utopian fantasy--a vision full of joy, wonder, frustration, outrage, and hope about aging, medicine, and humanity itself. Elderhood is for anyone who is, in the author's own words, "an aging, i.e., still-breathing human being."

### **Authentication of Hadith**

A personal account by a college student who endured years of bullying and disapprobation describes how after numerous failed therapies she accepted her transgender status and began learning how to be a girl while pursuing surgical gender reassignment. A first book.

### **Redefining Diva**

Secrets about love, life, and Hollywood from the Tony Award-winning actress from the Broadway production of Dreamgirls —in the role recently made famous by Beyonce—timed to coincide with the thirtieth anniversary of the original Broadway show. Sheryl Lee Ralph was the original Deena Jones in Broadway's production of Dreamgirls and the show was a Broadway sensation from its inception. Now, the star of film, television, and Broadway, known for her talent and fearlessness, shows readers how to find—and own—their inner divas. Sheryl rose to international fame after her performance in Dreamgirls, winning the Tony Award for Best Actress and going on to star in movies with Denzel Washington and Robert DeNiro and capture America's heart as television's favorite mom Die in the #1-rated series Moesha. But it wasn't an easy task. From her legendary catfight with Diana Ross to her controversial exit from Moesha, Sheryl Lee Ralph is a woman who does not fade in the background—and she reveals how and why she has remained in the spotlight for decades. Sheryl is a hip, modern Miss Manners who inspires women with her wit, strength, and call-it-like-it-is courage. Using her own experiences as a guide—and dishing the truth behind all the rumors—Sheryl reveals her rules for living. This is Divahood A-Z—from the practical to the spiritual, featuring advice on everything from relationships to fashion to success in the business world. So, the next time someone calls you a diva, you'll just smile and say "Thank you!"

# The Motherly Guide to Becoming Mama

Counsels novices and athletes on alternate approaches to back pain and fitness management, outlining equipment-free methods for strengthening the lower back while correcting movement patterns that lead to chronic discomforts. Original. 40,000 first printing.

# **Surpassing Certainty**

The New Modern House is a comprehensive look at the emerging trend of architecture that favors substanceover style, combining functional design and sustainable processes with a straightforward, honest aesthetic. The New Modern House features 50 of the best recent residential case studies, from single family houses to self-builds, eco-friendly structures, recycled projects, and creative re-uses. All are accompanied by full details, models, sketches, and diagrams, allowing a closer look at their conception and construction. At the heart of the book is the concept of a new authenticity, which demonstrates a logical evolution of modernist design.

# The Good Mother Myth

In an era of mommy blogs, Pinterest, and Facebook, The Good Mother Myth dismantles the social media—fed notion of what it means to be a "good mother." This collection of essays takes a realistic look at motherhood and provides a platform for real voices and raw stories, each adding to the narrative of motherhood we don't tend to see in the headlines or on the news. From tales of mind-bending, panic-inducing overwhelm to a reflection on using weed instead of wine to deal with the terrible twos, the honesty of the essays creates a community of mothers who refuse to feel like they're in competition

with others, or with the notion of the ideal mom—they're just trying to find a way to make it work. With a foreword by Christy Turlington Burns and a contributor list that includes Jessica Valenti, Sharon Lerner, Soraya Chemaly, Amber Dusick, and many more, this remarkable collection seeks to debunk the myth and offer honest perspectives on what it means to be a mother.

#### **Microfinance**

In today's complex and volatile world the consequences of relying on fraudulent and counterfeit Hadith to legitimize extremist behavior, issue violent fatwas, and justify blatant abuse, particularly of women, is not only far too easy but in fact dangerous. Israr Khan addresses the sensitive topic of Hadith authentication, focusing on the criteria adopted by classical scholars to maintain that concentration on the continuity and accuracy of the chain of narrators, rather than the textual content of Hadith, has led to particular Hadith being included which either contradict other Hadith directly, project the Prophet (SAAS) in an uncharacteristic light, or do not reflect and/or conflict with the teachings of the Qur'an. The study traces in careful detail the historical development of the oral and written traditions, as well as the many targeted attempts at fabrication that took place, critiquing in methodical detail certain Hadith which have come to be widely accepted as "authentic." The prominent collections we have today, were made possible by the development of the science of Hadith criticism, and Muslim scholars deserve deep appreciation for their painstaking work, as well as their invaluable contribution towards preserving the Hadith literature to the best of their ability. However, insists the author, the process is ongoing, and the closed door policy which currently surrounds Hadith authentication needs to be carefully reexamined.

### **Reimagining Detroit**

A dazzling look at the artists working on the frontiers of science. In recent decades, an exciting new art movement has emerged in which artists utilize and illuminate the latest advances in science. Some of their provocative creations—a live rabbit implanted with the fluorescent gene of a jellyfish, a gigantic glass-and-chrome sculpture of the Big Bang (pictured on the cover)—can be seen in traditional art museums and magazines, while others are being made by leading designers at Pixar, Google's Creative Lab, and the MIT Media Lab. In Colliding Worlds, Arthur I. Miller takes readers on a wild journey to explore this new frontier. Miller, the author of Einstein, Picasso and other celebrated books on science and creativity, traces the movement from its seeds a century ago—when Einstein's theory of relativity helped shape the thinking of the Cubists—to its flowering today. Through interviews with innovative thinkers and artists across disciplines, Miller shows with verve and clarity how discoveries in biotechnology, cosmology, quantum physics, and beyond are animating the work of designers like Neri Oxman, musicians like David Toop, and the artists-in-residence at CERN's Large Hadron Collider. From NanoArt to Big Data, Miller reveals the extraordinary possibilities when art and science collide.

# **Redefining Success**

A close-up examination and exploration, How We Live Now challenges our old concepts of what it means to be a family and have a home, opening the door to the many diverse and thriving experiments of living in twenty-first century America. Across America and around the world, in cities and suburbs and small towns, people from all walks of life are redefining our "lifespaces"—the way we live and who we live with. The traditional nuclear family in their single-family home on a suburban lot has lost its place of prominence in contemporary life. Today, Americans have more choices than ever before in creating new ways to live and meet their personal needs and desires. Social scientist, researcher, and writer Bella DePaulo has traveled across America to interview people experimenting with the paradigm of how we live. In How We Live Now, she explores everything from multi-generational homes to

cohousing communities where one's "family" is made up of friends and neighbors to couples "living apart together" to single-living, and ultimately uncovers a pioneering landscape for living that throws the old blueprint out the window. Through personal interviews and stories, media accounts, and in-depth research, How We Live Now explores thriving lifespaces, and offers the reader choices that are freer, more diverse, and more attuned to our modern needs for the twenty-first century and beyond.

### **Beauty Redefined**

Today women are lifting weights to build muscle, wrapping their bodies in seaweed to reduce unwanted water retention, attending weigh-ins at diet centers, and devoting themselves to many other types of "body work." Filled with the voices of real women, this book unravels the complicated emotional and intellectual motivations that drive them as they confront American culture's unreachable beauty ideals. This powerful feminist study lucidly and compellingly argues against the idea that the popularity of body work means that women are enslaved to a male-fashioned "beauty myth." Essential reading for understanding current debates on beauty, Body Work demonstrates that women actually use body work to escape that beauty myth. Debra Gimlin focuses on four sites where she conducted in-depth research--a beauty salon, aerobics classes, a plastic surgery clinic, and a social and political organization for overweight women. The honest and provocative interviews included in this book uncover these women's feelings about their bodies, their reasons for attempting to change or come to terms with them, and the reactions of others in their lives. These interviews show that women are redefining their identities through their participation in body work, that they are working on their self-images as much as on their bodies. Plastic surgery, for example, ultimately is an empowering life experience for many women who choose it, while hairstyling becomes an arena for laying claim to professional and social class identities. This book develops a convincing picture of how women use body work to negotiate the relationship between body and self, a process that inevitably involves coming to terms with our bodies' deviation from cultural ideals. One of the few studies that includes empirical evidence of women's own interpretations of body work, this important project is also based firmly in cultural studies, symbolic interactionism, and feminism. With this book, Debra Gimlin adds her voice to those of scholars who are now looking beyond the surface of the beauty myth to the complex reality of women's lives.

# **Exposed Fury**

Barbra Streisand has been called the "most successfultalented performer of her generation" by Vanity Fair, and her voice, said pianist Glenn Gould, is "one of the natural wonders of the age." Streisand scaled the heights of entertainment—from a popular vocalist to a first-rank Broadway star in Funny Girl to an Oscar-winning actress to a producer and director. But she has also become a cultural icon who has transcended show business. To achieve her success, Brooklyn-born Streisand had to overcome tremendous odds, not the least of which was her Jewishness. Dismissed, insulted, even reviled when she embarked on a show business career for acting too Jewish and looking too Jewish, she brilliantly converted her Jewishness into a metaphor for outsiderness that would eventually make her the avenger for anyone who felt marginalized and powerless. Neal Gabler examines Streisand's life and career through this prism of otherness—a Jew in a gentile world, a self-proclaimed homely girl in a world of glamour, a kooky girl in a world of convention—and shows how central it was to Streisand's triumph as one of the voices of her age.

# **Redefining Life**

A fresh look at the complexities inherent in combining professional work and engaged parenting. Lisa D'Annolfo Levey brings together conversations with men and women successfully combining careers

and family llife, insights from a 20-year consulting career working with the most admired companies in the world, and her personal story of raising sons in a dual-career marriage.

#### **Foundation**

Redefining Strong follows five collegiate female athletes and the obstacles they faced in their careers. The hope of this book is to inspire kids to persevere and overcome their struggles and insecurities.

### Signature Style

An inclusive, holistic, evidence-based guide for pregnancy, birth, and the postpartum journey—created for modern moms by the experts at the Motherly online community. Pregnancy isn't just about creating a baby. It's also about the powerful transformation we go through on the journey to becoming "mama." We created The Motherly Guide to Becoming Mama to coach and inspire you each step of the way. This is the pregnancy book we wish we'd had when we first became mothers—a mama-centered guide that doesn't just focus on your baby's needs, but honors and coaches you through this profound life change. Here's the most important thing to remember: you are a phenom, and you are going to rock this. And you don't have to do this alone. At your highest highs and your lowest lows, there is a village of professionals and peers to traverse this path with you. This book won't bog you down with demands, give you more to be worried about, or tell you what to do. It's impossible to know exactly what to expect during your pregnancy—after all, you are your own amazing woman with unique dreams, experiences, and needs. Instead, we've filled this illustrated guide with the best knowledge, wisdom, and support we have to offer, including: • Getting pregnant—planning, conception, fertility challenges, and finding the right care provider and birth strategy for you • Pregnancy month by month—how to understand, nourish, and support your own body and your baby's health throughout your pregnancy • Giving birth—everything you need to feel empowered and prepared through the four stages of labor • The "fourth trimester"—helping you heal, process your experience, and thrive in the super-important and often ignored postpartum period • Tests and complications—no scare tactics, no intimidation; just good, well-researched information about the ways you can best prevent and prepare for challenges • Partners, friends, and family—our best tips for your whole support team • The many faces of mama—adoption, surrogacy, fostering, and the beautiful variety of motherhood experiences • Answers to the most common questions mamas have about finances, maternity leave, baby gear, relationships with family, nutrition, fitness, and much more Whether this is your first baby or your fourth, whether you're still deciding about pregnancy or have an unplanned baby on the way, becoming mama involves your body, mind, emotions, lifestyle, relationships, schedule, spirituality, worldview—and most of all, your heart. This is an unprecedented time to embark on the journey of motherhood. You are part of a new generation of women elevating empowerment in all its forms. The Motherly Guide to Becoming Mama was made for you—a loving and supportive embrace of your unique motherhood journey in all its power, complexity, and beauty.

#### **Elderhood**

Redefining Success details how W. Brett Wilson was forced to redefine his life, making health and key relationships his first priorities. Through trial and error, he discovered that these simple virtues are foundations for real, enduring success, both in business and in life. Wilson's compelling insights are the basis for Redefining Success. Not just for entrepreneurs and business people, the book outlines how we can change our lives for the better by re-evaluating our personal definitions of success, then reworking them into a life plan that is feasible, lasting, and rewarding. Inspirational and paradigm-changing, Redefining Success will help you implement and sustain lasting, positive change in your life--and make

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