

# The New Mediterranean Homes And Interiors Under The Southern Sun

Sunset LivesThe TouchThe New MediterraneanOut of the WoodsCasas to CastlesMediterranean LivingBeautifulMediterranean ModernLocal Mediterranean Food Plants and NutraceuticalsSpanish HousesA Mediterranean FeastThe Mediterranean House in AmericaThe Mediterranean Diet Cookbook for BeginnersMarrakesh by DesignThe Routledge Handbook of Second Home Tourism and MobilitiesMediterranean LivingThe Home UpgradeLuxury Coastal/Mediterranean Style HomesMediterranean StyleMediterranean HomeMediterranean HousesUpgradeArchitectural Digest at 100California MediterraneanTaste of Home Mediterranean Made EasyAncient Mediterranean PhilosophyThe New Mediterranean Diet CookbookAbraham's LuggageMediterranean StyleCrucifixion in the Mediterranean WorldThe Silk Industries of Medieval ParisHouse of the DragonBetter Homes and GardensDan Sater's Mediterranean Home PlansThe Seductive HomeMediterranean ArchitectureThe New OdysseyA Shared WorldTavernaOlive Germplasm

## Sunset Lives

Reveals the eclectic blend of rustic and luxury elements, vivid colors, casual elegance, simplicity, and the textural contrasts of stucco, terracotta, and wood that exemplify the classic

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Mediterranean qualities of Spanish homes, combining vivid, full-color photography with detailed descriptions of integral stylistic basics, such as gardens, furnishings, color, architectural elements, and accessories.

### The Touch

Europe is facing a wave of migration unmatched since the end of World War II - and no one has reported on this crisis in more depth or breadth than the Guardian's migration correspondent, Patrick Kingsley. Throughout 2015, Kingsley travelled to 17 countries along the migrant trail, meeting hundreds of refugees making epic odysseys across deserts, seas and mountains to reach the holy grail of Europe. This is Kingsley's unparalleled account of who these voyagers are. It's about why they keep coming, and how they do it. It's about the smugglers who help them on their way, and the coastguards who rescue them at the other end. The volunteers that feed them, the hoteliers that house them, and the border guards trying to keep them out. And the politicians looking the other way. The New Odyssey is a work of original, bold reporting written with a perfect mix of compassion and authority by the journalist who knows the subject better than any other.

### The New Mediterranean

The Touch is a new collaboration between Nathan Williams of Kinfolk and Jonas Bjerre-

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Poulsen of Norm Architects that welcome readers into over 25 inspiring spaces where interior design is not only visually appealing but engages all of the human senses. Through beautiful homes, hotels, museums, and retail stores--from contemporary designs by Ilse Crawford and Bijoy Jain to classic cases by Arne Jacobsen--readers are invited to explore how experiencing elements such as light, nature, materiality, color, and community can deliberately bring us back to our senses and imbue every day with a richer quality. In addition to stunning photography and interviews with design industry leaders as John Pawson and David Thulstrup, the book also details philosophical and art history references that reflect the tradition of design and color theory. For a deeper understanding of the concepts explored, The Touch includes an appendix which profiles architects such as Lina Bo Bardi and Richard Neutra. Heritage design pieces that helped influence this movement are also listed in the book. The Touch--Spaces Designed for the Senses by Kinfolk & Norm Architects. Published by gestalten.

### Out of the Woods

The Home Upgrade looks beyond big budget projects and explores homes where the seemingly impossible has been achieved. For architects striking out on their own, such projects offer the opportunity to flex their muscles and lead a project for the first time.

### Casas to Castles

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A modernist take on Mediterranean aesthetics, a new movement in interior design embraces sumptuous minimalism through warm, earthy tones, and natural materials. In southern locations such as Australia, California, and Brazil, but also in places like New York and Copenhagen--the Mediterranean sensibility echoes itself in these locales through a variety of reasons, be it former colonial influences, a similar sunny climate, or simply an appreciation for the Mediterranean way of life. The New Mediterranean -- Homes and Interiors under the Southern Sun showcases inspiring residences and vacation homes around the world that combine rustic, earthy tones with colorful fabrics, ceramics and glass. The book introduces the designers, architects, and brands who are bringing the style to life, outlining key elements in order to show how to create this look at home. More than a design trend, this is a philosophy to transform interiors into havens of light, craftsmanship, and simplicity.

### Mediterranean Living

The aim of this book is to show, by means of 23 examples of private houses of different types, the variety of forms of architectural expression in the Balearic islands, a geographical context with international relevance and interest. Preceding each example is a short text by way of commentary, bringing out the most significant features of the house, together with basic documentation in the form of plans, elevations and sections. The present volume maintains and extends the line initiated by Editorial Gustavo Gili in 1986 with the book Mediterranean Houses. Costa Brava, by Xavier Guell and Lluís Casals. Martí Lucena and Salvador Roig, both of them architects, have written the introduction to the present study.

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### Beautiful

Here is a mouthwatering tour of over 50 of the Mediterraneans most luxurious and finely appointed houses, including through-the-keyhole looks into the houses of many stellar talents such as Dolce & Gabbana, Alberta Ferretti and Salvador Dalí. Originally published in hardback (as Casa Mediterranea) and now in a desirable paperback format, this book showcases a sumptuous selection of some of the most beautiful houses found around the Mediterranean, captured by the lens of renowned architecture photographer Massimo Listri. Listris stunning photographs vary between sweeping panoramas of the houses in their glorious settings to close-ups of specific rooms, furniture and design details. These houses provide glorious fodder for dreaming as well as a concrete source of inspiration for creating ones own personal style.

### Mediterranean Modern

The only guide you'll need to get started on the Mediterranean Diet! With its mix of fresh fruits and vegetables, grains, lean meats and fish, and a heathly dose of olive oil, the Mediterranean Diet is one of the healthiest diets in the world. But how do you get started on this incredible, time-tested and medically approved diet? Mediterranean Diet for Beginners Cookbook has everything you need to convert to this healthy lifestyle and get on the path to changing your health forever. With a combination of practical advice, meal plans, and over 75 delicious recipes, this is the only resource you'll ever need. Here's what you'll find: Over 75 delicious,

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heart-healthy recipes, each with detailed nutrition information Simple meal plans to help you get started on the diet, and help you stick with it for life Helpful guidance on how to shop for the right ingredients, how to shopping for the Mediterranean Diet, cooking Mediterranean-style cuisine, and much more Practical insight and tips for making healthy lifestyles changes to improve chronic health conditions such as diabetes, heart disease, and hypertension

### Local Mediterranean Food Plants and Nutraceuticals

A single, unique document - a list of one merchant's baggage - is the starting point used to bring to life the twelfth-century Indian Ocean. Drawing connections between material culture, foodstuffs and the construction of identity, Lambourn examines notions of home and mobility at a key moment in world history.

### Spanish Houses

Historians of Europe have traditionally viewed the victory as a watershed, the final step in the Muslim conquest of the eastern Mediterranean and the obliteration of Crete's thriving Latin-based culture. She argues that no sharp divide separated the Venetian and Ottoman eras because the Cretans were already part of a world where Latin Christians, Muslims, and Eastern Orthodox Christians had been intermingling for several centuries, particularly in the area of commerce."--BOOK JACKET.

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## A Mediterranean Feast

A compilation of more than 1,100 images that explore and record elements of Mediterranean architecture, in both detail and as whole compositions, from Mediterranean Europe of the Early Renaissance to the United States of today. This exhaustive study is arranged by type of element, including fountains, porches, corbels, wrought iron details, and much more, to show the variety and breadth of styles that Mediterranean Architecture encompasses as a whole. Wander through the romantic settings afforded by the four main groups of this architectural style, the rustic vernacular; the simple and direct Mission Style; the Estate and Villa, with its elaborate detail and mass; and finally the formal Palazzo, which is Mediterranean Architecture in its most ornate and organized form. This is a comprehensive visual reference for architects, interior designers, real estate developers, and students; and a look book extraordinaire for the homeowner working on a vision.

## The Mediterranean House in America

## The Mediterranean Diet Cookbook for Beginners

Includes photographs inside and out of over 40 Mediterranean revival homes in Florida, inspired by classic Spanish, Italian, and Moorish designs. Architects include Addison Mizner,

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Maurice Fatio, Marion Sims Wyeth, John Volk, James Gamble Rogers II, Richard Kiehnel, John Elliot, and Henry Taylor.

### Marrakesh by Design

A rich visual history of Architectural Digest, published for the magazine's 100th anniversary Architectural Digest at 100 celebrates the best from the pages of the international design authority. The editors have delved into the archives and culled years of rich material covering a range of subjects. Ranging freely between present and past, the book features the personal spaces of dozens of private celebrities like Barack and Michelle Obama, David Bowie, Truman Capote, David Hockney, Michael Kors, and Diana Vreeland, and includes the work of top designers and architects like Frank Gehry, David Hicks, India Mahdavi, Peter Marino, John Fowler, Renzo Mongiardino, Oscar Niemeyer, Axel Vervoordt, Frank Lloyd Wright, and Elsie de Wolfe. Also included are stunning images from the magazine's history by photographers such as Bill Cunningham, Horst P. Horst, Simon Upton, Francois Dischinger, Francois Halard, Julius Shulman, and Oberto Gili.

### The Routledge Handbook of Second Home Tourism and Mobilities

Humans have been building homes from wood for thousands of years, and yet, in a contemporary world of option and innovation the most primitive resource could in fact be the

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most pertinent. Stretching back to historic Japanese houses, becoming synonymous with resort accommodation, and intertwining itself in the modern trend of hygge, its tactility and warmth has influenced countless architectural design movements. A safe, sturdy, and sustainable alternative to concrete, architects are rediscovering wood's universal appeal. Out of the Woods documents their progressive and inspiring creations from the foundations up.

### Mediterranean Living

The eating style proven to reduce the risk of heart attack and stroke. Cooking Light named The New Mediterranean Diet Cookbook one of the top three healthy cookbooks of the last twenty-five years, calling it "a grand tour through the region." Now Nancy Harmon Jenkins's revolutionary approach to healthy eating is available for the first time as an eBook. Spanning the Mediterranean from Spain to France, Italy, and Greece, with side trips to Lebanon, Cyprus, and North Africa, this revised and updated edition of Nancy Harmon Jenkins's acclaimed cookbook offers ninety-two mouthwatering new dishes plus the latest information about the nutritional benefits of one of the world's healthiest cuisines. But best of all are the recipes—bursting with flavor, easy to prepare, and sure to please everyone at your table, whether you're cooking for yourself, your family, or your friends. Known for classic favorites like tabbouleh and ratatouille, flatbreads, pastas, zesty herbs, and flavorful oils pressed from succulent olives, the Mediterranean diet combines delicious taste with health-supportive ingredients as few other cuisines do. With an emphasis on fruits and vegetables, grains and legumes, fish, lean meats, and heavenly desserts, here are recipes for over 250 outstanding

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dishes created for today's American kitchens. You'll also find new cooking techniques and a simplified approach to cooking—because simplicity is what the Mediterranean way of eating is all about. Experienced and novice cooks alike will be inspired by these delectable, seasonally inspired recipes ranging from sweet young Roman-style peas for spring to skewered shrimp for summer, robust North African Pumpkin Soup when autumn is in the air, and warming winter dishes like Lebanese Garlicky Roast Chicken and Cypriote Braised Pork with Wine, Cinnamon, and Coriander—plus a variety of fabulous pizzas and dinner pies, hearty salads like Tuscan panzanella, and satisfying small dishes known as tapas. Also included is a special selection of traditional dishes prepared for Islamic, Jewish, and Christian holidays that can be enjoyed year round. Rich in flavor and healthy nutrients but low in saturated fats and cholesterol, here are recipes that will delight your palate, nourish body and soul—and can be prepared with ease in your home kitchen.

### The Home Upgrade

Mediterranean style house plans available to order.

### Luxury Coastal/Mediterranean Style Homes

The olive (*Olea europaea*) is increasingly recognized as a crop of great economic and health importance world-wide. Olive growing in Italy is very important, but there is still a high degree

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of confusion regarding the genetic identity of cultivars. This book is a source of recently accumulated information on olive trees and on olive oil industry. The objective of this book is to provide knowledge which is appropriate for students, scientists, both experienced and inexperienced horticulturists and, in general, for anyone wishing to acquire knowledge and experience of olive cultivation to increase productivity and improve product quality. The book is divided into two parts: I) the olive cultivation, table olive and olive oil industry in Italy and II) Italian catalogue of olive varieties. All chapters have been written by renowned professionals working on olive cultivation, table olives and olive oil production and related disciplines. Part I covers all aspects of olive fruit production, from site selection, recommended varieties, pest and disease control, to primary and secondary processing. Part II contains the chapter on the description of Italian olive varieties. It is well illustrated and includes 200 elaiographic cards with colour photos, graphs and tables.

### Mediterranean Style

"Published simultaneously in Canada by Thomas Allen & Son, Limited."

### Mediterranean Home

A comprehensive survey of the dominant influence of Mediterranean-style architecture on domestic architecture throughout California, the Southwest, and Florida in the early twentieth

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century looks at such popular features as the style's overall simplicity of design, fluid relationship between interior and exterior spaces, and preponderance of decorative tile, fountains, and ironwork.

### Mediterranean Houses

John Granger Cook traces the use of the penalty by the Romans until its probable abolition by Constantine. Rabbinic and legal sources are not neglected. The material contributes to the understanding of the crucifixion of Jesus and has implications for the theologies of the cross in the New Testament. Images and photographs are included in this volume.

### Upgrade

### Architectural Digest at 100

This book is the first to analyze the phenomenon of international retirement migration, to trace the story of the migrants from their old to their new homes, and to examine the conceptual and policy contexts of this relatively new form of transnational mobility. The Costa del Sol, the Algarve, Tuscany and Malta attract increasing numbers of retirees each year, especially British and other Northern European citizens. This study provides new insights into the motivations of

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the mainly well-off and well-educated retirees who settle in Southern Europe and how they manage the transition. It demonstrates the roles of international tourism and of living abroad earlier in life in the formation of the ambition to retire abroad, and it describes the dominantly positive consequences of the moves. The challenges of providing health and welfare services for the ageing population are also explored. The book develops fascinating perspectives on new constructions of old age as a period for personal development and positive changes, and on the ways by which Northern European retirees resident in the South are forming a new pan-national European identity. This book will have wide appeal to a range of readerships and its cross-disciplinary nature will make it relevant for courses on sociology, anthropology, cultural studies, tourism and leisure studies, migration studies, gerontology, social and health policy and area studies.

### California Mediterranean

325 light & lively dishes that bring color, flavor and flair to your table. It's never been so simple to set the table with light, refreshing foods as it is with the all-new cookbook *Taste of Home Mediterranean Made Easy*. Discover how easy it is to eat well with fresh, vibrant meals loaded with flavor—all without taxing your time in the kitchen. Common ingredients, familiar cooking methods and step-by-step instructions add fast new flair to your weeknight menus. These 325 recipes are shared by today's family cooks who have happily adopted this light and lively Mediterranean cuisine in their own homes. CHAPTERS Mezze, Tapas & Small Plates Salads, Soups & Breads Cheese & Eggs Pasta, Rice & Grains Vegetables & Legumes Beef & Lamb

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Poultry & Pork Fish & Seafood Sweets Bonus: Yia Yia's Favorites

### Taste of Home Mediterranean Made Easy

This stunning album, showcasing 30 trendsetters' homes in 15 countries, reflects the color and flavor of southern climes, blending tradition and improvisation in exceptional ways. 230 color illustrations.

### Ancient Mediterranean Philosophy

A comprehensive and accessible introduction to ancient Mediterranean philosophy, designed specifically for use by undergraduate students.

### The New Mediterranean Diet Cookbook

Take a photographic tour of the most popular periods and fashions in interior design and architecture. Each book features the insights of an expert design writer and numerous fine examples of a particular style's architectural elements, period and geographic facets, and distinguishing decorative flourishes. Stunning photography showcases both exterior and interior details to give readers a full understanding of each style. Informative and inspiring, this series presents design writing at its best. A must-have for home design enthusiasts!

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## Abraham's Luggage

A new design expression is being formed in China as architects look internally for visionary design instead of toward the West.

## Mediterranean Style

As a result of domestication - considered to be the most important cultural development of the past 13,000 years of human history - we depend today on a tiny number of domesticated plant and animal species for our food supply. Nevertheless, people continue to gather food which grows around their homes or they cultivate local varieties of food plants (as well as keep land races of domestic animals). Generally, wild varieties tend to be richer in micronutrients and bioactive secondary metabolites, which are produced in adaptation to local environmental conditions. These metabolites trigger further adaptive responses by producing 'protective', bioactive compounds which, when ingested, result in the transfer of protective effects to our organism. The preservation of local knowledge for future generations as well as the identification of new nutraceuticals by means of characterizing plant extracts with potential health beneficial effects are the main objectives of this book. The first part therefore focuses on the ethnobotanical study of local food plants in selected regions of the Mediterranean, i.e. their use as well as beliefs and cultural practices associated with it. The biological-pharmacological effects of these plants on selected (mostly in vitro) targets of the central nervous system and

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the cardiovascular system make up the second part, highlighting the potential of these plants for developing novel health foods, herbal medicines or local products with beneficial effects on health. Those interested in an integrated approach to the identification of new and health beneficial foods will undoubtedly find this book a valuable source of information and an inspiration for new scientific approaches to this age-old topic.

### Crucifixion in the Mediterranean World

BOOK OF THE YEAR 2019 in The Guardian, Daily Mail, Evening Standard, Observer Food Magazine and Delicious "This spectacular book is filled with comforting, delicious recipes" Jamie Oliver Warm up your winter with sun-kissed recipes from the heart of the Mediterranean. Greek Cypriot food is a melting pot of delicious flavours: simple Mediterranean salads; classic ingredients like feta, a squeeze of lemon and fresh oregano; cinnamon-infused stews; orange-blossom scented pastries. TAVERNA, takes the best of traditional Cypriot cooking and makes it relevant to modern home cooks. From simple vegan fast-day dishes to feasts for the family, there is something delicious for every mood and moment. These delicious recipes relive sun-kissed Mediterranean holidays and simple taverna-style meals. "Taverna brings a touch of Cypriot sunshine into your kitchen" Good Housekeeping

### The Silk Industries of Medieval Paris

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A groundbreaking culinary work of extraordinary depth and scope that spans more than one thousand years of history, *A Mediterranean Feast* tells the sweeping story of the birth of the venerated and diverse cuisines of the Mediterranean. Author Clifford A. Wright weaves together historical and culinary strands from Moorish Spain to North Africa, from coastal France to the Balearic Islands, from Sicily and the kingdoms of Italy to Greece, the Balkan coast, Turkey, and the Near East. The evolution of these cuisines is not simply the story of farming, herding, and fishing; rather, the story encompasses wars and plagues, political intrigue and pirates, the Silk Road and the discovery of the New World, the rise of capitalism and the birth of city-states, the Crusades and the Spanish Inquisition, and the obsession with spices. The ebb and flow of empires, the movement of populations from country to city, and religion have all played a determining role in making each of these cuisines unique. In *A Mediterranean Feast*, Wright also shows how the cuisines of the Mediterranean have been indelibly stamped with the uncompromising geography and climate of the area and a past marked by both unrelenting poverty and outrageous wealth. The book's more than five hundred contemporary recipes (which have been adapted for today's kitchen) are the end point of centuries of evolution and show the full range of culinary ingenuity and indulgence, from the peasant kitchen to the merchant pantry. They also illustrate the migration of local culinary predilections, tastes for food and methods of preparation carried from home to new lands and back by conquerors, seafarers, soldiers, merchants, and religious pilgrims. *A Mediterranean Feast* includes fourteen original maps of the contemporary and historical Mediterranean, a guide to the Mediterranean pantry, food products resources, a complete bibliography, and a recipe and general index, in addition to a pronunciation key. An astonishing accomplishment of

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culinary and historical research and detective work in eight languages, A Mediterranean Feast is required--and intriguing--reading for any cook, armchair or otherwise.

### House of the Dragon

Showcases contemporary homes in the Mediterranean Region through color photographs, floor plans, and text that offers each architect's thoughts about the home's construction.

### Better Homes and Gardens

Showing rural dream residences as well as apartments at the heart of metropolises and ultra-modern villas in the Mediterranean region.

### Dan Sater's Mediterranean Home Plans

Mark Sikes's interiors are classic celebrations of California indoor/outdoor living, with natural fibers, wicker, wallpaper, and crisp coloration. Readers who love the modern, unfussy elegance of Suzanne Kasler and Windsor Smith will love this book. Cross Mark Hampton with Celerie Kemble and you'll have the timeless yet modern style of interior designer Mark Sikes captured here in his first book, Beautiful, a celebration of his simple, classic, all-American decorating.

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## The Seductive Home

Accomplished interior designer and lifestyle expert, Moll Anderson unveils the keys to creating seductive, romantic spaces in *The Seductive Home*. (Trade Edition) Moll brings her signature seductive style from her *Seductive Home Limited Edition* coffee table book to her trade edition of *The Seductive Home*. Moll's sensory-scaped vision is revealed in her personal homes, infused with rich, sensual elements and decadent details found in the fabrics, furniture, walls, floors and accessories. From the luxurious textures of old world elegance, to the sleek, shiny surfaces of a modern city, and the warm comforting earth tones of the Southwest, Anderson masterfully blends each home's seductive style to reflect the color, textures and surroundings of their locations. The final chapter of the book offers the before and after photos of each location revealing how an empty shell can transform into an extraordinary seductive home.

## Mediterranean Architecture

Second homes have become an increasingly important component of both tourism and housing studies. They can directly and indirectly contribute a significant number of domestic and international visitors to destinations and may be part of longer-term retirement, lifestyle and amenity migration that can have significant economic and social effects on communities and destination development. This volume offers an overview of different disciplinary and methodological approaches to second homes while simultaneously providing a broad

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geographical reach. Divided into four parts exploring governance, development, community and mobile second homes, the book provides a contemporary account of the major issues in an area of growing international interest. This timely handbook covers a wide range of dimensions – from planning to the role of second homes in development and the management of their impact. The international and cross-disciplinary nature of the contributions will be of interest to numerous academic fields in the social sciences, as well as urban and regional planners.

### The New Odyssey

A collection of two hundred full-color photographs captures a wide variety of California houses that exemplify the best in the Mediterranean style of design, which emphasizes an indoor-outdoor approach to living, and includes residences designed by such notable architects as Julia Morgan, Wallace Neff, Bertram Goodhue, Addison Mizner, and others.

### A Shared World

'Upgrade' breathes new life into forgotten architecture. Past structures are consciously preserved and revamped, expanded and altered, to create something exciting and enticing. 'Upgrade' explores architectural and design concepts that seek to enhance and repurpose our surroundings from slight changes to complete renovations. Extensions upon a rooftop.

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Factories turned into relaxing retreats. Wood additions contrasting with antique brick exteriors. Through engaging anecdotes and inspiring images, 'Upgrade' provides vibrant exemplars and enthusiasm for revamping existing spaces. Repurposing the unused: be it an empty chapel that becomes an inviting writer's nook or a rotten barn converted into a cozy living space for a small family. The projects illustrate the possibility of adding a touch of the new to the old: farmhouses adorned with modern glass additions or churches whose traditional lines now frame an office. What are ruins to some become another's architectural playground.

### Taverna

Vibrant, informal and, above all, refreshingly simple, Mediterranean style is synonymous with easy living. From Tangiers to Tuscany, an imaginative sense of colour and pattern prevails, allied to a sensitive use of natural materials and local traditions. Floors are natural wood or terracotta tiled; ceilings have exposed beams; and the natural imperfections of brick and plaster walls might be highlighted through the lightest of distemper washes. This is a world suffused with warmth, where the dividing line between indoor and outdoor living is seamless.

### Olive Germplasm

Sharon Farmer analyzes the evidence concerning the medieval silk industry, adding new perspectives to our understanding of medieval French history, luxury trade, labor migration,

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intercultural exchange, and gendered work.

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